

Breakfast Menu



Good Morning

Help yourself to our continental selection and juices, and choose one main dish. A member of our team will take your tea or coffee order. A range of alternative milks is available.

Continental

Cereals

Special K, Weetabix, Coco Pops, Frosties, Fruit 'n' Fibre, Crunchy Nut, Alpen

Toast & Bagels

Butter, a selection of Miss P's homemade jams & marmalade, cream cheese

Freshly Baked Pastries

Croissants, Danish pastries, mini pains au chocolat

Granola

Natural yogurt, berry compote & granola

Cold Meats & Cornish Cheese

A selection of Cornish cheeses, salami, chorizo, Parma ham

Fresh Fruit Salad

Mains

Penventon Full House

Pork sausage, back bacon, Cornish hogs pudding, tomato, button mushrooms, hash brown, baked beans, eggs (cooked to your liking)

Penventon Garden Grill

Vegetarian sausage, tomato, button mushrooms, hash brown, baked beans, spinach, eggs (cooked to your liking) **v, vgor**

PV Breakfast Ciabatta

Pork sausage, bacon, fried egg
Vegetarian sausage, mushroom, fried egg **v, vgor**

Eggs Benedict

Two poached eggs, bacon, hollandaise sauce, served on a toasted English muffin

Eggs Florentine

Two poached eggs, spinach, hollandaise sauce, served on a toasted English muffin

Croissant French Toast

Berry compote, natural yogurt, Cornish honey

Poached Eggs & Smashed Avocado

Granary toast, smashed avocado, two poached eggs, toasted seeds **v, vgor**

