

## BREAKFAST MENU

Monday - Friday: Served 6.30am - 9.30am.

Saturday, Sunday & Bank Holidays: Served 7.00am - 10.00am.

### For the table...

Choice of orange juice or apple juice, English breakfast tea, fresh coffee, herbal teas.

We serve semi-skimmed milk with your breakfast choices. We offer a range of alternative milks, please let your server know!

### Freshly Cooked

#### Penventon Full House

Back bacon, pork sausage, Cornish hogs pudding, eggs (cooked your way), tomato, mushroom, hash brown & baked beans

#### Penventon Garden Grill

Vegetarian sausage, eggs (cooked your way), tomato, mushroom, hash brown, baked beans & spinach (V)

#### Smoked Haddock

Poached haddock fillet, poached egg & lemon

#### Eggs Benedict

2 poached eggs, bacon, hollandaise sauce, served on a toasted muffin

#### Eggs Royale

2 poached eggs, smoked salmon, hollandaise sauce, served on a toasted muffin

#### Eggs Florentine

Fresh spinach, poached egg & hollandaise sauce, served on a toasted muffin (V)

#### Free Range Eggs on Toast

Poached, fried or scrambled (V)

#### Scrambled Eggs & Smoked Salmon

Fresh cream scrambled eggs, buttered granary toast and lemon

### Continental

#### Cold Meats & Cheese

West Country cheese, gammon ham & salami

#### Pastries

Freshly baked butter croissant, Mrs P's jam, cinnamon apple muffin & apple compote (V)

#### Porridge

Slow cooked oats, fresh Cornish milk & demerara sugar (V)

#### Cereals

Cornflakes, Bran Flakes, Weetabix, Alpen or Granola (VGN - see box for allergens)

#### Granola

Natural yoghurt, berry compote & granola (V)

#### Fresh Fruit

Pink grapefruit, honeydew melon, pineapple, orange & fresh mint (VGN)

#### Fresh Grapefruit

Pink grapefruit & demerara sugar (VGN)

