



35 minute Treatment Choices

Back Massage

This deeply relaxing back, neck & shoulder massage will help to alleviate muscular tension, aches and pains.

Indian Head Massage

A totally relaxing age old massage technique of the scalp, face, neck, upper arms & shoulders

Anti-Ageing Eye Treatment

Small cooled basalt stones tone, lift and drain the delicate eye area, reducing lines, puffiness and dark circles.

Includes scalp treatment.

Caudalie D-vine Facial

For a burst of instant radiance, your skin will look rested and your complexion's radiance is restored.

Luxury Foot Ritual

Revive those achy feet and legs with gentle exfoliating treatment, nourishing mask, pressure points and soothing massage techniques.

Heavenly Hydration Body Brush Treatment

Exfoliation of the whole body by brisk dry body brushing. Followed by a nourishing body lotion, to totally rejuvenate and hydrate the skin.

Pure Pleasure Back Treatment

This luxurious back treatment will leave your skin smooth and soothed using our deeply nourishing skin care products. Includes a cleanse, tone, exfoliation, mask and massage.

Mini Manicure or Mini Pedicure *

Your nails will be filed and shaped, cuticles will be tidied followed by a mini hand/foot massage to hydrate and soften the skin. Finished off with a colour application of your choice.

65 minute Treatment Choices

Caudalie Facial

During this luxurious facial your therapist will target the specific individual needs of your skin, actively working to renew, refresh and relax whilst indulging the senses.

Back Massage & Indian Head Massage

Combining these two deeply relaxing massages to back, neck, shoulders, face & scalp to release and ease the most tense areas of the body.

Full Body Massage

A soothing flow of muscle manipulation and relaxation to increase well being, health benefits and equilibrium.

Back to Life Massage (55 Mins)

One of our most popular treatments working on the back, neck shoulders, upper chest, upper arms, face and scalp, and also includes a mini facial

Pure Pleasure Back Treatment with Massage

This luxurious back treatment will leave your skin smooth and soothed using our deeply nourishing skin care products. Includes a cleanse, tone, exfoliation, mask and massage to the back, followed by massage to your choice of either the scalp, hands or feet.

Distant Shores Face and Body Ritual (55Mins)

Full body gel exfoliation and rehydration treatment combined with an Express facial. A top to toe treat.

Manicure *

A file & shape of the nail, cuticle work and exfoliation followed by a relaxing and nourishing hand and arm massage. Finished off with a colour application of your choice

Pedicure *

A file & shape of the nail, salt soak, cuticle work, rasp and exfoliate followed by a relaxing, nourishing foot massage. Finished off with a colour application of your choice



95 Minute Treatment Choices

Full Body Massage & Indian Head Massage

These two beneficial body therapies have long been used for their deeply relaxing and healing properties; rejuvenating, restoring and promoting health and wellbeing.

Caudalie Facial & Back Massage

A deeply relaxing back, neck and shoulder massage to help alleviate muscular tension, aches and pains. Leads into a luxurious Caudalie facial targeting specific individual needs of your skin, actively working to renew, refresh and relax whilst indulging the senses.

Distant Shores Face and Body Ritual & Eye treatment

Our body and face sensation. The body is exfoliated and rehydrated to renew and refresh whilst the face and eyes receive their own specific facial treatment.

Caudalie Facial & Eye treatment

During this luxurious facial your therapist will target the specific individual needs of your skin, actively working to renew, refresh and relax whilst indulging the senses. Our eye treatment works to lift and drain the delicate eye area, reducing lines, puffiness and dark circles. Includes scalp treatment.

Pure Pleasure Back Treatment with Luxury Foot Ritual

This indulgent back treatment will leave your skin smooth and soothed using our deeply nourishing skin care products. Includes a cleanse, tone, exfoliation, mask and massage to the back, neck and shoulders. This is followed by our Luxury Foot Ritual to Revive those achy feet and legs.

Beautiful Beginnings

This comforting treatment is gentle and relaxing. Starting with massage to the back, neck and shoulders, moving to the lower legs, feet, hands and arms. Once the body is relaxed the facial begins.

Full Body Massage & D-Vine Express Facial

Our classic top to toe experience for deep relaxation with a brightening, rejuvenating effect to the whole body and face.

Signature Facial & Hand and Foot treatment

This luxurious facial targets specific individual needs of your skin, actively working to renew, refresh and relax whilst indulging the senses. Followed by a revitalising & relaxing hand and foot treatment.

Manicure Plus or Pedicure Plus followed by a speedy Manicure /speedy pedicure *

A total hand or foot treatment with a speedy manicure or pedicure. To complete, both hands and feet will receive a colour varnish application of your choice.

* Subject to availability. Please note we strongly advise avoiding use of the pool, saunas and Jacuzzi after a nail polish application as we cannot guarantee the polish to set correctly if this is disregarded
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