

Local Heroes

PENVENTON
PARK HOTEL
★★★★

For every 2 or 3 course menu sold, we will donate 50p to our monthly chosen cause

A favourite of Locals, The Penventon Park Hotel started with a simple mission back in the early 70's...to deliver delicious food and drink at reasonable prices and to be generous within our community.

Our mission remains the same today. Traditional classics & modern European dishes showcasing the best seasonal ingredients in the restaurant. Throughout 2019 we are celebrating Local Community Heroes each month by donating 50p from this weekly changing menu and from other of our favourite dishes with the aim of raising £10,000 for these fantastic causes.

Monday 5th August to Sunday 11th August

~ 2 Courses & Coffee ~

Lunch £16.50 Dinner £18.50

~ 3 Courses & Coffee ~

Lunch £21.50 Dinner £24.50


Soup of the Day (v)
freshly baked bread

Ham Hock Terrine
crisp salad of peas, mint, radish,
watercress & mustard dressing

Crispy Salt & Pepper Squid
aioli with a chargrilled lemon wedge

Basil Infused Vegan Hallmoumi (vg)
baked focaccia bruschetta, sun blushed tomatoes and olive tapenade

6 oz. Sirloin (£4.00 sup.)
roasted tomato, frites and our famous pil pil chilli & smoked paprika spice and butter

Chicken Supreme
chargrilled chicken breast, Parmesan mash, smoked ham, fresh basil, white wine cream sauce

Catch of the Day
buttered new potatoes, fresh greens and lemon parsley butter

Rosemary & Garlic Roasted Butternut Squash and Pine Nut Linguine (v)
San Marzano tomato, basil, olive oil and garlic sauce

3 Cheese Selection

White Chocolate & Raspberry Cheesecake

Mrs. P's Tiramisu

Fresh Fruits & Berries (vg)

Enjoy a bottle of our house wine for £14.50, a saving of 25% when dining from this menu

Many of our dishes are easily adjusted to suit allergies, please ask your server for more information.

This menu is subject to change without notice due to seasonal ingredient changes.

Lunch available 12noon to 2:30pm Mon to Sat and Evening 6:00pm to 9:30pm Sun - Fri

A 10% discretionary service charge will be applied on table bookings of 8 people or more. Updated 05.08.19. www.penventon.co.uk

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Our Local Suppliers

Meat

L George Butchers, Truro
"Our mate Viv"

For over 100 years L George has been the name for quality butchers in mid-Cornwall – and that tradition of quality and service is still going strong to this day.

Fish

Stevenson & Son's, Newlyn

With over 100 years in the fishing industry Stevenson know a thing or two about fish. With the largest privately owned fleet in Britain, they catch, land and sell the finest fresh fish from Newlyn harbour in the far southwest of Cornwall.

Veg

West Country, Falmouth
"A Passion for Food"

Is the oldest and largest specialist wholesaler of fresh produce in the South West. First established in 1856, they have built an unrivalled local network of dedicated high-quality local growers of seasonal fresh produce, as well as direct supply networks with all national and international fresh produce markets.

Bread

Baker Tom's, Redruth
"A Passion for Food"

Tom brought the art of baking back to Cornwall over 10 year's ago: using century-old methods and just the simplest, natural ingredients to enrich the flavour. Their Night Baker's knead, shape, prove and bake their bread in the early hours of the morning so we receive the freshest, tastiest loaves the next morning!



August Local Heroes

Cornwall  Air Ambulance

Saving Time. Saving Lives

Cornwall Air Ambulance flies more than 800 lifesaving missions each year throughout Cornwall and the Isles of Scilly. As a charity, they rely on your donations to fund this vital work. You can be a lifesaver by fundraising for their ongoing missions and by supporting the New Heli Appeal to bring a next generation air ambulance helicopter to Cornwall by 1 April 2020.

To find out more and how to support, please visit

www.cornwallairambulancetrust.org

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