
PENVENTON

BREAKFAST MENU

Served 6:30am (Mon-Fri) & 8am to 10:30am (Sat, Sun & Bank Holiday)

EGGS

BENEDICT

2 poached eggs, bacon, hollandaise sauce,
served on a toasted muffin

ROYALE

2 poached eggs, smoked salmon,
hollandaise sauce, served on a toasted
muffin

FLORENTINE

2 poached eggs, spinach, hollandaise sauce,
served on a toasted muffin

3 EGG OMELETTE

plain, cheese, ham or mushroom

CONTINENTAL

BREADS & PASTRIES

granary white bread, bread rolls
croissants, pain au chocolat, mini-Danish

SPREADS & PRESERVES

Mrs P's homemade jam & marmalade
flora, marmite and Cornish honey

FRUITS & YOGHURTS

fresh & stewed fruit, low fat yoghurt's

CEREALS

cornflakes, weetabix, all bran, coco pops, muesli

FROM THE KITCHEN

PENVENTON FULL HOUSE

unsmoked bacon, local pork sausage, eggs (cooked your way), grilled tomato, grilled mushroom and baked beans

VEGETARIAN

eggs (cooked your way), grilled tomato, grilled mushroom and baked beans

SCOTCH PANCAKES

streaky bacon, served with either maple syrup or hot chocolate sauce

KEDGEREE

smoked haddock, curried rice and boiled egg

GRILLED KIPPERED HERRINGS ON TOAST

fillets of kippers from our local smokehouse

Many of our dishes are easily adjusted to suit allergies, please ask your server for more information.